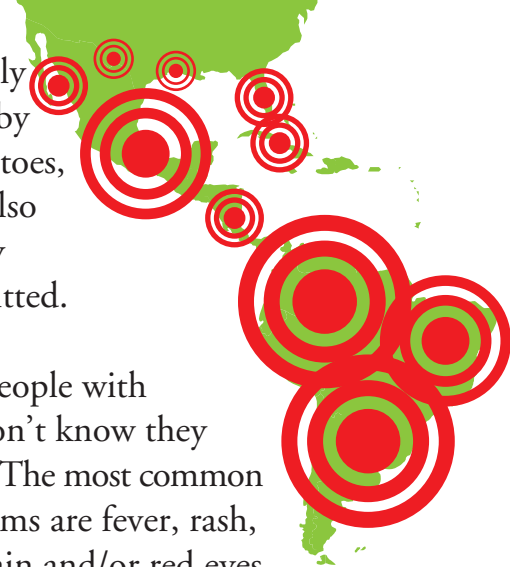







Going to a Zika hot spot? Here's what you need to know...

- 
-  Zika is primarily spread by mosquitoes, but is also sexually transmitted.
 -  Most people with Zika don't know they have it. The most common symptoms are fever, rash, joint pain and/or red eyes.
 -  There is no vaccine or medicine for Zika.
 -  The best way to prevent Zika is to prevent mosquito bites.
 -  Zika can cause severe birth defects if a pregnant woman becomes infected.

**Call your doctor or clinic
if you have questions.**

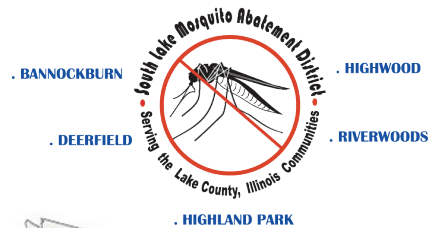
Brought to you by:
**South Lake Mosquito
Abatement District**

P.O. Box 1155 • Highland Park, IL 60035

For mosquito concerns and to report water standing more than 3 days, go to:

www.slmad.org
or call the hot line,
(800) 942-2555

To report dead birds call the
Lake County Health Department:
(847) 377-8300



The *Aedes aegypti* mosquito carries the Zika Virus, and is currently only found in the southern regions of the country.

For more facts go to:

Lake County Health Department
**[www.lakecountyil.gov/
2353/Insects-Other-Vectors](http://www.lakecountyil.gov/2353/Insects-Other-Vectors)**

or call
(847) 371-8130 or (847) 377-8300

Phenix Print (916) 683-1000 • Copyright 2017
All Rights Reserved • Used With Permission

ZIKA

KNOW BEFORE YOU GO



**DON'T LET
ZIKA TRAVEL
WITH YOU!**

For more information:
www.cdc.gov/zika
**1-800-CDC-INFO or
1-800-232-4636**



How can you avoid Zika?



Avoid mosquito bites!

Zika mosquito carriers bite people during the day.

Zika mosquitoes don't travel... They stay within about a quarter mile of where they are born.



If you go out where mosquitoes are active, be sure to wear pants and long sleeved shirts.

Use insect repellent with **DEET** in it. Use the repellent on all your skin that is not covered by clothing if wearing short sleeves, shorts or dresses.



What should you pack?



EPA-registered insect repellent that has **DEET** in it.

Long sleeved shirts and pants even if you are traveling to a warm climate.

Clothing and gear treated with permethrin. Permethrin is a chemical widely used as an insecticide.

Bed net.



Condoms (if you might have sex).

For more information:

www.cdc.gov/zika

1-800-CDC-INFO or 1-800-232-4636

What We Know About Zika

- Zika virus can be passed from a pregnant woman to her fetus.
- Infection during pregnancy can cause certain birth defects.
- Zika primarily spreads through infected mosquitoes.
- You can also get Zika through sex.
- There is no vaccine to prevent or medicine to treat Zika.

What We Do Not Know About Zika

- If there's a safe time during a woman's pregnancy to travel to an area with Zika.
- How likely it is that Zika infection will affect a woman's pregnancy.
- If a baby will have birth defects if a woman is infected while pregnant.



Zika is now found throughout South America and Central America.



The first travel related cases of Zika have now been reported in most of the United States.



Continue using insect repellent for 3 weeks after you return to prevent spreading Zika at home.